**New Mexico is Nice**

October 8, 2020, Stacy Sacco, [sasacco@aol.com](mailto:sasacco@aol.com)

- Global Meaning Institute

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- Thank Forward Movement

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In addition to the warm sunshine that greets us almost every morning here in New Mexico, I’m sure you’ll agree that New Mexicans are generally more friendly than many other states. We typically greet others with a smile and a friendly hello, whether meeting someone on the streets, at the store, or on the phone or online. I’m not sure why we do that, although it may have something to do with our proverbial sunshine and turquoise blue skies, or something deeper in our nature, but our friendly demeanor is palpable. It also shows up in so many ways including the following local organizations, programs and publications:

**Global Meaning Institute**, (Santa Fe), <http://www.globalmeaninginstitute.com/>

As a pioneer and leader of the Meaning Movement, the [Global Meaning Institute](http://www.globalmeaninginstitute.com/contact.html) provides strategic advising, public speaking, lecturing, and seminars on the concepts and practices of  MEANINGology® and MEANING First Innovation®.

**Impact and Coffee**, (Albuquerque), <https://www.impactandcoffee.org/>

Impact & Coffee meets the first three Tuesdays of the month at 9am, and brings together the nonprofit community to support people doing great things. Each meeting typically features two six minute talks by nonprofit community leaders and provide a forum for nonprofit professionals to make personal connections. . Guest speakers typically focus on new, exciting developments in nonprofit programming, how the community can help solve any challenges that have arisen in planning or implementation, and to provide a forum for nonprofit professionals to make personal connections.

**Jennifer Riordan Foundation**, (Albuquerque),<https://thejenniferriordanfoundation.org/>

The Jennifer Riordan Foundation was formed in 2018 to honor the kind spirit and carry on the legacy of Jennifer Riordan, a pillar of philanthropy and kindness throughout the Albuquerque community. The Foundation’s mission recognizes, supports and spreads acts of kindness in the **spirit of Jenn.** The Spark Kindness movement started by connecting with community organizations and schools to help make Albuquerque the kindness capital of the world.

**Thank Forward Movement**, (Albuquerque), <https://thankforward.com/>

The founders of the movement, Julie & Mi, are Co-Active trained coaches and businesswomen.  Amid life’s ups and downs they found healing through the expression of gratitude. Utilizing life coaching foundations, they partnered on the creation of the Thank Forward Movement to inspire others to spread gratitude.

**The Kindness Club**, (Albuquerque), <https://www.thekindnessclub.net/>

Founded by Melinda Forward, the Kindness Club offers programs to create more positive cultures in schools, including Inspiration ROCKS!, Mirror Messages, 1,000 Thank Yous. Simple, yet powerful, these tools help create schools that are more connected, healthy, and inspired.

**The Mindful Center of New Mexico**, (New Mexico),<https://themindfulcenter.com/>

The Mindful Center was created by Jim DuVal, in 1991, after the stress of his job landed him in the emergency room with debilitating stomach pain. When modern medicine couldn’t help…he began to meditate. As his symptoms slowly disappeared, he devoted his life to meditation and became an intern at the University of Massachusetts Medical Center with Dr. Jon Kabat Zinn in his 8-week Mindfulness Based Stress Reduction (MBSR) programs. On returning to New Mexico, Jim founded The Mindful Center (formerly The Mariah Institute) and began teaching meditation full time. He retired from teaching in 2007, but continues to act as consultant with his daughter Michelle DuVal.

**Play Nice in Your Sandbox**, (Farmington), <https://www.productiveoutcomes.com/>

Based in Northern New Mexico and founded by Ron Price MA, a personal coach (Productive Outcomes Inc.), college professor and noted author, Ron talks about the positive results of being nice with others, and gives you tools to put these ideas into practice with all of your relationships, everyday. Some of his books include:

- *PLAY NICE In Your Sandbox at Work: How to Avoid Disputes, Manage Conflict & Move from Conflict to Cooperation*

*- PLAY NICE in Your Sandbox at Church*

*- PLAY NICE in Your Sandbox at Home*

*- PLAY NICE in Your Sandbox at School*

*Ron also cites the following individuals and organizations that have enriched him and throughout the years and been a resources in writing his books:*

* [*www.5lovelanguages.com*](http://www.5lovelanguages.com)
* [*www.adr.org*](http://www.adr.org) *(American Arbitration Association)*
* [*www.brenebrown.com*](http://www.brenebrown.com)
* [*www.coloradomediation.org*](http://www.coloradomediation.org) *(The Mediation Association of Colorado)*
* [*www.compassionpower.com*](http://www.compassionpower.com)
* [*www.drleman.com*](http://www.drleman.com)
* [*www.eileenmcdargh.com*](http://www.eileenmcdargh.com)
* [*www.ericksonmediation.com*](http://www.ericksonmediation.com) *(The Erickson Medication Institute)*
* [*www.franklincovery.com*](http://www.franklincovery.com)
* [*www.love-wise.com*](http://www.love-wise.com)
* [*www.markgoulston.com*](http://www.markgoulston.com)
* [*www.ncroconline.com*](http://www.ncroconline.com) *(The National Conflict Resolution Center)*
* [*www.peopleproblems.org*](http://www.peopleproblems.org)
* [*www.pon.harvard.edu*](http://www.pon.harvard.edu) *(The Harvard Law School Program on Negotiation)*
* [*www.prepinc.com*](http://www.prepinc.com)
* [*www.rodgerscc.com*](http://www.rodgerscc.com)
* [*www.verbaljudo.com*](http://www.verbaljudo.com)
* [*www.worldlaughterour.com*](http://www.worldlaughterour.com)

**Stop Bagging, Start Bragging**, (Albuquerque),<https://stopbaggingstartbragging.com/>

A movement to inspire to emphasize the many positive attributes of our local community, culture, food and weather and stop the negative talk about New Mexico.

**The Why Institute**, (Albuquerque), <https://whyinstitute.com/>

The Institute provides an exam and training to provide clarity and direction for discovering your WHY.   They believe that nothing is more powerful than clarity of purpose, whether personally or professionally and help you get clear, stand out and play big by creating products and services to help you discover, articulate and live your WHY. Their WHY Formula includes: **WHY** – We believe that progress and success happen when we find a  better way; **HOW** – How we do that is by making things clear and understandable; and **WHAT** – What we bring are simple yet powerful solutions to help you move forward.

**Links to Other Related Organizations:**

New Mexico supports hundreds of nonprofit organizations that help various communities and population segments across a wide range of needs. To identify a group that supports your constituency, the following organizations offer searchable databases, leadership training and access to funding for nonprofit leaders:

* Albuquerque Zen Center, <https://www.azc.org/>
* American Sustainable Business Council, <https://www.asbcouncil.org/>
* Bioneers - A Revolution From the Heart of Nature, <https://bioneers.org/>
* Center for Action and Contemplation, <https://cac.org/>
* Center for Nonprofit Excellence, <https://www.centerfornonprofitexcellence.org/>
* Center for Spiritual Living – Albuquerque, <https://www.abqcsl.org/>
* Center for Spiritual Living – Rio Grande, <http://www.riograndecenterforspiritualliving.org/>
* Center for Spiritual Living - Santa Fe, <https://santafecsl.org/>
* Certified B Corporations, <https://bcorporation.net/>
* Consciousness, Mindfulness, Compassion International Association, <https://www.cmc-ia.org/>
* First Unitarian Church of Albuquerque, <http://uuabq.com/>
* Ghost Ranch Education and Retreat Center, <https://www.ghostranch.org/>
* Global Meaning Institute, <http://www.globalmeaninginstitute.com/>
* Global Reporting Initiative (GRI), <https://www.globalreporting.org/>
* Gross National Happiness Commission, <https://www.gnhc.gov.bt/en/>
* Gross National Happiness USA, <https://gnhusa.org/>
* International Coach Federation, <https://coachfederation.org/>
* Mindful New Mexico, <https://www.mindfulnewmexico.com/>
* Monastery of Christ in the Desert, <https://christdesert.org/>
* NM Center for Meditative Inquiry, <https://meditationnm.wordpress.com/>
* Share New Mexico, <https://www.sharenm.org/>
* The Integral Business Leadership Group, <http://www.businessintegral.com/>
* The Mandala Center, <https://www.mandalacenter.org/>
* The Mindfulness Institute, <http://themindfulnessinstitute.com/our-methods/>
* Tourism Council of Bhutan, <https://www.tourism.gov.bt/>
* UNM B Corporation, <https://www.mgt.unm.edu/nmbcorps/default.asp>
* UNM Center For Life,

<https://hsc.unm.edu/health/patient-care/integrative-medicine/>

* World Happiness Report, <https://www.earth.columbia.edu/sitefiles/file/Sachs%20Writing/2012/World%20Happiness%20Report.pdf>
* World Values Survey, <http://www.worldvaluessurvey.org/wvs.jsp>