

NEW to ABQ®

Things to do For Retirees

By Sally Sacco

I regularly hear from friends and new acquaintances who are considering moving to New Mexico when they retire, so I compiled the following lists of things to do and links to resources of interest.

- Calendars
- Senior Resources
- Just for Fun...

Calendars:

ABQ365

www.abq365.com

ABQ365 provides information on local events.

ABQTodo

www.abqtodo.com

ABQtodo is the premier events calendar for everything arts, culture, sports, recreation, and dining.

9/26/19, Thursday, 8:30-4:30 pm

Senior Source Expo

Albuquerque Journal, 7777 Jefferson St. NE

www.abqjournal.com

Senior Resources:

Here are some retirement-related organizations, programs and resources:

- 10 Best Places to Retire, <https://www.homesnacks.net/best-places-to-retire-in-new-mexico-127148/>
- AARP, www.aarp.com
- City of Albuquerque Cultural Services, <http://www.cabq.gov/culturalservices>
- City of Albuquerque Department of Senior Affairs, www.cabq.gov/seniors
- City of Albuquerque Senior Centers, www.cabq.gov/seniors/centers
- New Mexico Retirement Guide, https://www.topretirements.com/state/new_mexico.html
- NM Association of Educational Retirees, <http://nmaer.com/>
- NM Educational Retirement Board, www.nmerb.org
- NM Retiree Health Care Authority, <https://www.nmrhca.state.nm.us/Pages/Home.aspx>
- Albuquerque Oasis Lifelong Learning, <https://www.oasisnet.org/Albuquerque-NM>
- Public Employees Retirement Association of New Mexico, www.nmpera.org
- Retired Public Employees of New Mexico, www.rpenm.org
- U.S. Government Senior Citizens' Resources, www.usa.gov/Topics/Seniors.shtml
- UNM Osher Learning Institute (50+), <http://ce.unm.edu/enrichment/osher/index.php>
- UNM Retiree Association, <http://retiree.unm.edu/>

Railrunner Train, www.riometro.org

Wednesdays, 62+ ride free on the rail, all year (with ID)!

Some local publications targeting seniors include:

- Family Caregiver Resource Guide, <http://www.ptpubco.com/alb-caregiver-guide.html>
- Prime Time Magazine (for New Mexican's 50+), www.ptpubco.com
- Senior dot One Resource Guide (for Active Seniors), www.senior.one

And how could I not include information on one of my favorite sports? Yes, golf!

- Golf New Mexico, <http://golfnewmexico.com/>
- New Mexico Golf Courses Map, <https://www.golfingnewmexico.com/maps/state.cfm>

Just For Fun...

Looking for something out of the ordinary to do with a local flavor? Here's a great list to start your journey!

- 48-Hour Film Project, www.48hourfilm.com/albuquerque-nm
- Albuquerque Bio Park, www.cabq.gov/biopark
- Albuquerque Film and Museum Experience, www.abqfilmx.com/
- Albuquerque International Balloon Fiesta, www.balloonfiesta.com
- Albuquerque Museum, www.cabq.gov/museum
- Albuquerque Trolley, www.abqtrolley.com
- Anderson-Abruzzo Albuquerque International Balloon Museum, www.cabq.gov/balloon
- Bubonicon Science Fiction & Fantasy Convention, www.bubonicon.com
- Casa San Ysidro, www.cabq.gov/museum/history/casatour.html
- Cliff's Amusement Park, www.cliffsamusementpark.com
- Coronado Historic Site, <https://kuaua.com/>
- El Camino Real Historic Trail Site, <http://nmmonuments.org/el-camino-real>
- El Rancho de las Golondrinas – Living History Museum, <https://golondrinas.org/>
- Empire Board Game Library, www.empirgamelibrary.com
- Explora! Children's Museum, www.explora.us/en/
- Georgia O-Keefe Museum (Santa Fe), www.okeeffemuseum.org
- Ghost Tour of Old Town, <https://www.toursofoldtown.com/GhostTour.php>
- Globalquerque!, www.globalquerque.com
- Hinkle Family Fun Center, www.hinklefamilyfuncenter.com
- Historical Society of New Mexico, www.hsnm.org
- Holocaust & Intolerance Museum of New Mexico, www.nmholocaustmuseum.org
- Indian Pueblo Cultural Center, www.indianpueblo.org
- J&R Vintage Auto Museum (Rio Rancho), www.jrvintageautos.com
- Meow Wolf (Santa Fe), <https://meowwolf.com/>
- National Fiery Foods & Barbecue Festival, www.fieryfoodsshow.com
- National Hispanic Cultural Center, www.nhccnm.org
- National Museum of Nuclear Science & History, www.nuclearmuseum.org
- NM Brewers Guild, <https://nmbeer.org/>
- NM Farmers' Markets, www.farmersmarketsnm.org
- NM Museum of Natural History & Science, www.nmnaturalhistory.org
- NM Wineries, www.nmwine.com
- Old Town Farms, <http://oldtownfarm.com/>
- Petroglyph National Monument, <https://www.nps.gov/petr/index.htm>
- Quiet Waters Paddling (hosts trips down the Rio Grande River), www.quietwaterspaddling.com
- Rattlesnake Museum, www.rattlesnakes.com
- Rio Grande Zoo, <https://www.cabq.gov/culturalservices/biopark/zoo>
- Sandia Peak Ski & Tramway, www.sandiapeak.com
- Tinkertown Museum, www.tinkertown.com
- Unser Racing Museum, www.unserracingmuseum.com
- Wheels Museum, <http://wheelsmuseum.org/>
- Wildlife West Nature Park (East Mountain area), <http://wildlifewest.org/wwblog/>

Many of our local museums also feature special holiday-related events (i.e., River of Lights, Luminaria Tours, or choral concerts at several churches downtown), so be sure to regularly check their sites for calendar updates. For more information about your new home of Albuquerque including jobs, schools, best areas of town to live in, please let me know. I would be happy to provide additional information and lists to support you and your family.

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